



San José State University

DEPARTMENT OF HEALTH SCIENCE AND RECREATION (HSR)

COLLEGE OF HEALTH AND HUMAN SCIENCES (CHHS)

VISION

We aspire to be innovators and leaders in learning and teaching, scholarship, and professional practice to ignite social change towards a more vibrant, prosperous, and just world where the optimal health and wellbeing of individuals and communities are achieved and sustained.



PROGRAMS OF STUDY

- PUBLIC HEALTH
Bachelor of Science
- PUBLIC HEALTH,
(CONCENTRATION IN
HEALTH SERVICES
ADMINISTRATION)
Bachelor of Science
- RECREATION
Bachelor of Science
- RECREATION,
(CONCENTRATION IN
RECREATION
MANAGEMENT)
Bachelor of Science
- RECREATION,
(CONCENTRATION IN
RECREATION THERAPY)
Bachelor of Science
- PUBLIC HEALTH
Master of Public Health
(MPH)

IDENTITY

We are a thriving diverse academic, scholarly, and professional community that integrates public health, recreation, and personal wellness through high-impact experiential learning, scientific inquiry, critical thinking, play, and lifelong learning to promote social change and justice using collaborative engaged actions.

MISSION

To cultivate a learning community, advance scholarship, and act as an agent of social change within the domains of public health and recreation through serving our diverse SJSU HSR students and alumni and partnering communities to facilitate personal and community transformation.



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GUIDING PRINCIPLES OF SJSU HSR DEPARTMENT

COMMUNITY OF SJSU HSR DEPARTMENT

ENGAGEMENT

INNOVATION

LEADERSHIP

INTERDEPENDENCE

DIVERSITY

Respect,
Communication,
& Collaboration

Inclusion,
Co-Learning, &
Sharing-Power

Critical Thinking,
Reflection, &
Creativity

Humility,
Advocacy, & Social
Justice

Integrity,
Accountability,
& Transparency